



**UNITED HEROES**  
**LEAGUE**

# The UHL Scouting Report

The official newsletter for United Heroes League, a non-profit organization that helps military families heal, build friendships, and engagement in their communities through sports.

Presented by The Arby's Foundation

By: Riley Northcott

July 01, 2022



## 2022 Heroes Monument Grand Opening

We have officially opened up our beloved Heroes Monument to the public! On Memorial Day, May 30th of this year, we celebrated the grand opening of our Heroes Monument. If you haven't seen it yet, we encourage you to come visit us in Hastings, MN to check it out. The monument is open to the public Thursday through Sunday 10:00am to 4:00PM. We now have 400+ military bricks displayed, or about 10% of what the monument will hold. We anticipate it taking about another year before all 4,000 bricks are secured. If you haven't ordered a brick for the monument and would like to, you can do so on our website at [WWW.GiveUHL.Org](http://WWW.GiveUHL.Org).

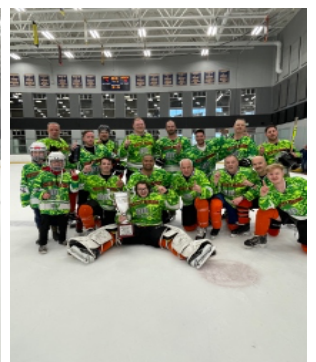
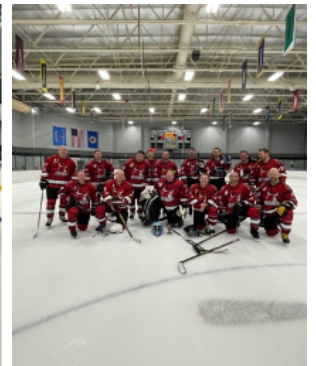
# MN Armed Forces Hockey

## Tournament Recap



The MN Armed Forces Hockey Tournament was a huge success this year! With the help of our amazing sponsors, volunteers and attendees it was a great time on the ice recognizing military members, as well as those who make this mission possible. We had a fantastic time with a lot of great people. We even had a raffle contest with great prizes to include a signed military appreciation Kirill Kaprizov Jersey! The tournament was filled with plenty of skilled players which made every game an action packed event worth watching.

One of the highlights of the event was when the President and founder of UHL Shane Hudella was surprised with the Hometown Heroes award presented by Scheels.(pictured below) We would like to thank the sponsors and volunteers who make this event possible, as well as the players and attendees for making this such a memorable event. We look forward to seeing you there next year!





# 2022 Celebrity Camo Classic Recap



## Our Annual Celebrity Camo Classic Presented by Tradition Was The Best One Yet!

On June 27th we held our annual Camo classic golf event, and it was a huge success. All of the golfers and celebrities involved had a great time. This is no ordinary golf event, we had a mounted golf ball cannon, smoke grenades, paintball guns, drill instructors yelling at you as they shot you with nerf guns during your tee shot, and much more to make this truly a memorable golf event. This year we had a Centurion boat from River valley Powersports available to win by getting a hole-in-one on a par three, AND SOMEONE DID! We also had a raffle with many awesome prizes. It was truly a memorable experience, and we would like to thank all of our sponsors and volunteers for making this event possible. We look forward to an even bigger and better event next year!





# Military Child Spotlight

**Johnny Cortes: 10 years old**

**Fallbrook, CA**

**UHL: What sports and activities do you participate in?**

**Johnny:** I am 10 years old. My main sport is baseball. I play travel baseball for my no fear baseball team. I enjoy kick ball and wiffle ball, I also like reading Diary of a Wimpy kid.

**UHL: Who is your role model and why?**

**Johnny:** My role model is Coach Kory Smith. He gives the best advice about pitching and hitting. He also helps calm me down and have fun. I want to be a good baseball coach one day like him.

**UHL: What is your favorite thing about United Heroes League?**

**Johnny:** Getting to meet all of the Major League Players!

**UHL: What are your plans after high school?**

**Johnny:** I'm only going to be in 5th grade, but after high school I want to Study a lot about baseball and become a Major League Baseball Player!



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## Heroes League: The Next Level

Featuring: Anna Hanson

In this issue of the UHL Scouting Report we want to recognize Anna Hanson. Anna is a 19 year old who just finished her freshman year playing goalie for the University of Bethel. What makes Anna's story even more special is the fact that she is also currently serving in the National Guard while attending Bethel University. Anna went to her older brother's basic training graduation and was inspired by the fact there were females that were also graduating from basic training so she decided to enlist. She completed her basic training as a Junior in high school during the summer months, then completed her training upon graduating from high school. In fact, she returned home from training the day before her first day at Bethel University. United Heroes League has helped Anna and her brother with goalie gear multiple times. One of those times being when Anna first arrived home from training. She had ordered new gear online, but due to Covid the arrival of the gear was delayed several months. With her Freshman season right around the corner, UHL was able to help her out and provide the gear she needed to begin her first hockey season at Bethel University! Anna is a role model for many, and we hope her story can inspire others. We wish Anna all the best in her future endeavors.



## Interview with Anna

**UHL:** What is one thing playing sports has taught you that you will continue to use in life, even after college?

**Anna:** *One thing that sports has taught me is resiliency. I've learned to become resilient through tough losses, failure, and hardships. Being resilient has taught me to have a positive attitude, growth mindset, mental toughness, confidence, an ability to bounce back, and problem solving skills. These are all attributes that have brought me to where I am today.*

**UHL:** What do you hope to achieve playing college hockey?

**Anna:** *Through playing college hockey I hope to get better at my sport, be the best teammate I can be, and make friendships that will last a lifetime.*

**UHL:** When did you first learn about UHL and what have they done to help you get to where you are now?

**Anna:** *I learned about United Heroes League in 2019 from another hockey family. My brother and I are both goalies, so as you can imagine, it can be quite expensive buying goalie gear. Over the years, UHL has supplied us with the gear that we needed, whenever we needed it. During Covid, I ordered hockey gear but found out the gear wasn't going to arrive in time for my season. UHL graciously provided me with the equipment that made it possible for me to play the sport that I love.*

**UHL:** What do you enjoy most about playing college hockey?

**Anna:** *What I enjoy most about playing college hockey is the memories and friendships that I have made while playing my favorite sport.*

**UHL:** What is it like playing college hockey while also serving your country?

**Anna:** *It's definitely a lot to handle but I've learned to manage both of them and be able to enjoy both. Hockey has taught me things that have translated into the military, while the military has taught me things that have translated into hockey. I love serving my country while still being able to play hockey.*

**2021-22 Women's Hockey Roster**

Hanson, Anna [Go](#)



**40**  
**ANNA HANSON**

POSITION: Goalie

HEIGHT: 5-7

CLASS: Freshman

HIGHSCHOOL: Chisago Lakes

HOMETOWN: Stacy, Minn.





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# Staff Service Member Spotlight

MSG Guy Sing U.S. Army (RET.) / UHL V.P of Special Projects.



## Bio:

Guy Sing enlisted in the Active Duty U.S. Army in 1995 and retired in 2016 as a Master Sergeant. He served 20 years 9 months total. He served 8.5 years overseas and was stationed at 7 different duty stations in the US. He deployed three times, once to Kosovo and twice to Iraq. Military Awards include: Bronze Star, Meritorious Service Medal (3), Army Commendation Medal (6), Army Achievement Medal (10), Samuel Sharpe, German Armed Forces Proficiency Badge (Silver). His wife is Dr. Christine Sing, who works for the Mayo Clinic as a Quality Advisor. He is also a father of two boys. 10 and 6 years old

## UHL: What were your favorite or most memorable units that you served with?

**Guy:** Most memorable units have been 1<sup>st</sup> Squadron 7<sup>th</sup> Cavalry "Garryowen", 6<sup>th</sup> Squadron 8<sup>th</sup> Cavalry "Mustangs", 2<sup>nd</sup> Battalion 9<sup>th</sup> Infantry "Manchus", and 1<sup>st</sup> Battalion 27<sup>th</sup> Field Art "Grid Smashers". My most rewarding duty was being a Drill Sergeant at Fort Knox, KY.

## UHL: What has your time with UHL been like and what have you done for them as well as what have they done for you?

**Guy:** The UHL has done so much for the Sing family. Both of my boys play hockey and baseball. The UHL has provided the equipment for both of those expensive sports. With the kids continuously growing, this has provided much relief from having to buy sports equipment year after year. Also, the UHL has provided some unique and heartfelt memories for us. This organization really makes military families feel special.

One of those experiences is a hockey camp called Warrior Camp. After spending a week at Warrior Camp, my oldest son really came out of his shy shell. He now absolutely loves to meet new kids and always looks forward to that special week up at Camp Ripley/St. Cloud.

I have worked here for the past two years. It has been a pleasure to see how much of an impact the UHL provides to families who really need the "pick me up". Many days I've seen tears of joy from parents and their children and many more just flat out speechless.



# The Heroes Course Is a Hit!

Our full scale military obstacle course has been a huge hit this summer! People of all ages have been loving coming down and attempting to complete the Heroes Course. The course offers obstacles from simply balancing on logs, to crawling under barbed wire, to a 35 feet tall confidence climb obstacle. These obstacles offer great team building, leadership, and overall fitness agility challenges. So far this year we have had everyone from our corporate sponsors to high school students conquer the course! What are you waiting for? Head over to our website at [WWW.GiveUHL.Org](http://WWW.GiveUHL.Org) right now to reserve your team's spot on the Heroes Course!





# MVP Sponsors

- Amvets
- Anaheim Ducks
- Arby's Foundation
- Bally's Sports North
- Bauer Hockey
- Comcast
- Cub Foods
- Da Beauty League
- Edina Realty-Brad Williams
- Feldmanns Imports
- Granite City Lumberjacks
- Great Clips
- Hille Development
- Hiway Credit Union
- Log House Foods
- Minnesota Twins
- Minnesota Vikings
- Minnesota Wild
- New York Islanders
- NHLPA
- NorthStar Financial Services
- Northwestern Mutual
- Pepsi
- Pittsburgh Penguins
- Ryan Companies
- San Diego Padres
- San Jose Sharks
- Schlomka Vac Truck
- Stifel
- Scheels
- Stotko Speedling Construction
- Texas Rangers
- Technology By Design
- Tradition Companies
- Twin Cities Orthopedics Foundation
- UPS
- USA Hockey
- US Bank
- Washington Capitals

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## Upcoming Events

- UHL Outdoors Minnesota Event : July 15th
- UHL Outdoors New York Event : August 29th
- UHL Camo Gala : September 24th
- Annual Veterans Day Telethon November 2nd-11th

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### How can you help?

Donate  
Become a Sponsor  
Fundraise  
Host a Gear Drive  
Attend our Events  
Become a Volunteer  
Leave a Testimonial



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United Heroes League is a 501(c)(3) nonprofit organization \* Federal Tax ID Number 27-0711063

Helping military families heal, build friendships and engagement in their communities through sports.

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